

Video/Speaker Observation Form

Video Title/Speaker: Mythbusters explosive steak

Subject summary: adam and jamie try to tenderize a steak by exploding it in a vacuum seal bag in a barrel of water. The results are confirmed.

Coolest thing you learned: You can tenderize a steak by using explosives.

What you disliked: they didn't have a barbeque using the explosive steak tenderizers.